ADDENDUM to Calleva Medical Plan

KEEPING CAMPERS HEALTHY AT CALLEVA SUMMER 2021

Summer Camp Guidance to Reduce Infectious Disease Risks

The guidance stated here is intended as a ‘working document’ (as of May 10th, 2021). has been developed by Calleva staff in coordination with guidance from the CDC and the American Camp Association, and may be updated/amended as State and County health guidelines continue to evolve. Any amendments will be reviewed by our Camp Medical Staff and Health Supervisor.

Please contact the Calleva office for updates.

The steps and procedures introduced in this addendum are for the health and safety of all staff, campers, and families at Calleva. These procedures will help us to minimize the risk of disease transmission at camp. These will in no way guarantee a disease-free environment but will provide proactive steps in reducing our risk. This document provides parents information about Calleva procedures.

Monitoring for COVID-19 Symptoms

- 2 days prior to the start of their camp week, parents must answer the checklist questions as listed on the [2021 Health Screening Form](https://forms.gle/bzNoTv6V9ii6J1HDA).

Parents will be required to check their child’s temperature and monitor their child for signs and symptoms of illness (using the above stated checklist questions) every morning before camp.

Staff will be required to check their own temperature and monitor for signs and symptoms of illness every morning before camp.

Anyone with a temperature higher than 100.4 or any COVID like symptoms must not attend camp.
• Calleva Admin professionals will keep a record of parent weekly Health Screening Forms and maintain confidentiality of these records.
• Calleva staff will monitor camper’s health during the day and have a thermometer available to them if needed
• All campers and staff will be required to wear face coverings during arrival and departure, on buses and whenever indoors.

Campers will be required to be picked up if they display any of the following symptoms**:

1. Gastrointestinal Symptoms
   a. Upset Stomach
   b. Diarrhea
   c. Vomiting

2. A fever (100.4°F or higher)
3. A new cough that cannot be attributed to another health condition
4. New shortness of breath that cannot be attributed to another health condition
5. New chills that cannot be attributed to another health condition
6. New muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise)
7. A new sore throat that cannot be attributed to another health condition
8. Extreme fatigue that cannot be attributed to another health condition or specific activity (such as physical exercise)
9. Loss of taste and smell
10. A new runny nose that cannot be attributed to another health condition
11. Light sensitivity

For the health and safety of all campers, staff, and families, Calleva requires that a sick child be picked up from camp within two hours of discovering their illness. If symptoms persist, they will need to be evaluated by their health care provider and not come to camp that day. A written notice from the camper’s Primary Care Physician (PCP) or health care provider will be needed before the camper can return to camp.

** Staff treating medical issues

All Staff will be required to thoroughly wash their hands for at least 20 seconds using soap and water or use alcohol-based hand sanitizer with greater than 60% ethanol or greater than 70% isopropanol. They will also be required to use masks and gloves when in close contact with a camper or other staff (such as when treating injuries). Gloves must be used during cleaning cuts/scrapes and will be disposed of/changed in between campers.
Gloves and masks used when treating a medical issue are only to be used once and then thrown away. Gloves are to be removed by grasping from the inside and peeling inside out.

The First Aid Stations at Riley's Lock, the Calleva Farm, and at the Madeira campus will be supplied with PPE gear, cleaning supplies such as Clorox, and disinfection supplies. The cleaning of supplies and surfaces will be conducted in between each use. All treatments will be documented. Our First Aid Station staff will consult with our Health Supervisor, Dr. Fisher, whenever necessary.

Seasonal Allergies

If a camper has seasonal allergies, their normal symptoms MUST be documented on the 2021 Health Screening form.

Allergy symptoms such as sneezing, watery eyes, and sniffles will be monitored but will not require the camper to be sent home as long as those symptoms are documented on their application or camper account. Campers with allergies must take their allergy medications prior to attending camp that day.

If these allergy symptoms appear in addition to any other symptoms such as those listed above ** your camper will be sent home and may only return once he/she has been cleared by your Primary Care Physician (PCP) or a Doctor.

Campers that have been sent home due to suspected illness will need to get cleared by their PCP or a Doctor and provide written approval prior to their return to camp.

Camper Pick up Guidance:

Callevea requires that a sick child be picked up from camp within two hours of discovering their illness.

Parents must remain in their vehicles when picking up their camper during the camp day. A Calleva staff member will bring the camper to the parent. The only exception will be for emergency situations.

Social Distancing and Face Coverings

- Campers will be placed in ‘cohort’ groups of fewer than 15 individuals to limit group mixing. Each group of campers will be kept distanced from other groups
- All campers and staff will be required to wear face coverings during arrival and departure and while they are being assessed for medical issues.
All campers and staff will be required to wear face coverings when on buses, when indoors and outdoors if social distancing with members of the public (outside of their Calleva group) is not possible.

In keeping with directives from the Maryland State Department of Health, campers will be ASSIGNED SEATS on the bus and will be required to use the same seat for the entire camp week.

**Infection Control Strategies:**

Calleva will provide policies and education on COVID-19 symptoms and response to our campers, staff, and parents including:

- ‘Cover Your Cough’ practice
- Regular and routine handwashing practices
- Proper use and removal of cloth face coverings
- Calleva will post signs with COVID-19 prevention and control practices
- Calleva will ensure adequate supplies of tissues, hand soap, alcohol-based hand sanitizer & household cleaning products suited for the facility

Staff will receive this during their training and notices will be sent out to our families.

**Campers and Staff**

**Small Camp Groups - ‘Cohorts’**

Campers will be placed in ‘cohort’ groups to limit group mixing. By using smaller groups and cohort strategy, isolation and surveillance of close contacts can be implemented. Campers will be required to stay with their own group at all times during the camp day. Campers will sanitize their hands before and after eating and following bathroom use. Counselors will be given a supply of alcohol-based sanitizer with 70% alcohol to keep on their person for personal and camper use. This bottle of sanitizer will be refilled daily as needed.

- Campers or staff members with underlying medical conditions that are considered to be higher-risk for severe illness if they contract COVID-19 will obtain clearance from their primary care physician before working/coming to camp at Calleva.

**Response and Management for COVID-19**

*Please refer to Calleva INFECTIONOUS DISEASE POLICY*

**Camp Transportation**
● All campers and staff will be required to wear face coverings while on camp buses.
● Campers will be assigned seats on the first day of their camp week, and they MUST sit in their assigned seat for the entire camp week.
● Campers will sit one per seat (except siblings/campers who live in the same household).
● All vehicles will be cleaned daily. All vehicles will be cleaned and disinfected (according to CDC guidelines) at the end of each week OR at the end of the day IF being used by a different group the following day.

Cleaning Procedures:

Any staff member cleaning must wear gloves. Gloves will be used once and then thrown away. Cleaning will occur in two stages: Cleaning to remove dirt and grease and then disinfecting. We will be using normal cleaning products such as Clorox to clean or a diluted bleach solution for disinfecting.

First Aid Station Cleaning Procedures:

The First Aid Station will be cleaned and monitored daily by the First Aid Station Staff.

Morning & Afternoon Cleaning (Gloves must be worn while cleaning)

1. All hard surfaces wiped down.
   ● Desks
   ● Chairs
   ● Cot
   ● Shelves & cabinets
   ● Medical Fridge (inside and outside)
   ● Computer
   ● Pens & paper pads

2. Wipe down high touch surfaces after each use.

3. Clean any tools used

Evening Cleaning

1. All hard surfaces wiped down.
   ○ Desks
   ○ Chairs
   ○ Cot
- Shelves & cabinets
- Medical Fridge (inside and outside)
- Computer
2. Trash is taken out
3. Sweep floor
4. Clean any tools used

**Camp Cleaning and Disinfecting Procedures for confirmed COVID-19:**

Extra cleaning and disinfecting procedures will begin 24hrs after the confirmed case

1. Cleaning staff will be required to wear PPE.
2. First clean visibly dirty surfaces then perform disinfection.
3. Use disposable wipes/paper towels to clean surfaces rather than reusable cloth wipes. All cleaning and disinfecting materials (e.g., paper towels, cloth wipers, sponges, mop heads, etc.) should be disposed of in sealed bags or containers after use.
4. Particular attention will be given to high touch areas, including, but not limited to, handrails, door & cabinet handles, and shared activity equipment.
5. Clean a potential source area by progressing from the entrance to the most distant point to avoid re-contaminating surfaces that have been disinfected (i.e., clean your way out).