



## Calleva Summer Camp Infection Disease Policy

updated June 8, 2020

### NEW FOR 2020:

#### 1. PRE-CAMP AGREEMENTS FOR CAMP PARENTS & SUMMER STAFF

- To ensure that everyone arrives to camp as resilient as possible, Campers & Staff should arrive each camp day well rested, nourished and hydrated.
  - Calleva reserves the right not to admit people who appear to be “under the weather,” or are assessed to pose a communicable disease risk to others.
  - Campers and Staff will be subject to a temperature check on each morning of the camp week. Temperature check logs will be updated daily.
  - Campers and Staff who have been out sick may not return to camp until they are healthy. Camper parents should contact [registration@calleva.org](mailto:registration@calleva.org) to inform the office of illness-related absence. Staff should notify their Director.
  - Staff who may have been in close contact with a case of COVID-19 or diagnosed with COVID-19 will not be allowed to work until cleared according to current CDC guidelines AND following the advice of their primary physician.

#### 2. CAMPER HEALTH ASSESSMENT & WAIVER ADDENDUM:

In addition to the annual health form requirement for campers, Calleva has developed new resources that are specific to COVID-19. Calleva requires parents to complete the following:

- A [pre-camp health screening questionnaire](#) to be completed the weekend before the camp week. The questionnaire will allow parents to communicate with Calleva about their child’s health over the 14 days prior to attending camp.
- A **checklist of parents’ responsibilities** to help Calleva limit the risk of spreading COVID-19 (for example, limiting social contact to groups of fewer than 10 people, proper hygiene practices, etc.)
- A **COVID-19 addendum** to the usual Calleva waiver (included with the checklist).

### CALLEVA’S FOUNDATIONAL HEALTH & INFECTIOUS DISEASE POLICY:

- Calleva requires immunization history for each camper if they are not enrolled in MCPS. We require the same of all staff members as part of their health history form, which is submitted prior to employment.
- Calleva pre-screens camper health history forms before the start of camp to identify those who may be more at risk for communicable illness, including COVID-19.

- Individuals with chronic illness diagnoses have a greater potential to get ill while at camp.
- Parents of campers with such a diagnosis will discuss the risks with Calleva camp directors to determine whether the camp environment is safe for their child.
- Calleva will provide a full refund, minus deposit, in the event that a camper withdraws due to health concerns related to chronic illness.
- Calleva trains all staff to implement illness-reducing strategies.
  - This includes an assessment of each staff member's ability to implement and personally use the strategies as well as ongoing training & reminders throughout the summer.
  - Calleva uses resources from the [American Camp Association \(ACA\) Field Guide for Camps on Implementation of CDC Guidance](#), which includes specific guidance relevant to preventing the spread of COVID-19.
  - Staff training includes use of online courses such as "No Outbreaks Here".
- Calleva policy includes practices and group management techniques that minimize potential for communicable disease once camp is in session:
  - "Cover Your Cough" & "Cough into your Sleeve" practice
  - Appropriate hand-washing and/or hand sanitizing, including adequate wash stations and/or sanitizing pumps at every location and on every bus
  - Proper use and removal of cloth face coverings
  - Accountability for all campers & staff to keep hands away from their faces & to keep one's hands to oneself
  - Reminders that one drinks only from one's personal drinking cup; no sharing, even "to be nice"
- Calleva will post signs with COVID-19 prevention and control practices to remind staff AND campers of proper conduct.
- Calleva will ensure adequate supplies of tissues, hand soap, alcohol-based hand sanitizer & household cleaning products at each location, vehicle & bathroom.
- Campers MUST bring their own re-usable bottle to and from camp each day, refilling it from water coolers provided throughout the camp day. If a camper misplaces their personal water bottle, Calleva will provide a single-use replacement. The camper must bring a new water bottle from home on the next day of camp.

## **NEW FOR 2020:**

### **COVID-SPECIFIC POLICY**

**The following policy has been developed in coordination and cooperation with the Maryland Department of Health.**

Any staff or child exposed to a confirmed or probable case of COVID19 may NOT work or attend camp until they have completed self-isolation following CDC guidelines. In addition, before returning to camp, the individual must be cleared for release from isolation by a health care professional and in accordance with CDC guidelines.

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Calleva is a member of ACA and we follow its “Best Practice” -- least risk recommendations -- for day camp programming, including transportation and cleaning/sanitization practices.

Consistent with experience from 2009-2010 H1N1 and guidance provided by CDC and the American Academy of Pediatrics (AAP), Calleva has adapted camp policies to maintain small group sizes, limit mixing of groups, and restrict large gatherings. At the present time, group size will be limited to 8 campers with 2 assigned staff, travelling as a group for the entire week and using a designated vehicle to travel to and from camp. Some groups may have a bus driver at the beginning and end of the camp day.

In the event of an outbreak, ACA’s “cohort strategy” of small, isolated groups enhances the ability to promptly define the “inner circle” of close contacts, isolate exposed individuals, and manage close contacts in short order.

- Calleva itineraries are ENTIRELY outdoors, apart from transportation to and from camp. When inside a vehicle, campers and staff will wear face coverings and maintain physical distance as much as possible.
- MD Department of Health medical staff have recognized that face coverings may not be safe when children are participating in physical exercise. All of Calleva activities are outdoors in the fresh air, and involve physical exertion (often hot weather). The Department of Health has advised MD camps that face coverings will not be required by campers when engaged in physical activities. Calleva campers over age 9 will wear face coverings when travelling to and from camp (via designated bus), and will keep their mask with them throughout the camp day. They will not be required to wear a mask when outdoors. Distancing will be practiced when practical during activities.
- When on Calleva property, each group of 8 campers will be assigned to a “zone,” which will include a designated bathroom, water cooler, and sanitization products. Each group will be instructed to exclusively utilize the amenities in their group’s “zone.”
- All gear and equipment -- including bathrooms and buses -- will be sanitized according to Maryland Health Department guidelines. This will be part of the staff’s daily responsibilities -- sanitization will be conducted at the end of each camp day.
- Calleva staff -- from bus drivers to camp counselors, directors, and administrative/ logistics team members -- will self-monitor daily for COVID-like symptoms, including daily temperature checks BEFORE coming to work.
  - If a staff presents ANY COVID-like symptoms during the camp week, Calleva will contact the local health department for guidance about whether their group’s session will end for the week. The local health department will also advise about whether staff should be tested AND/OR self-isolate for 14 days. Staff will be paid through the remainder of the camp week PROVIDED THEY PROPERLY ISOLATE according to public health officials’ guidance. If the group’s week is cut short, campers will receive a pro-rated refund for the week.
- A detailed explanation of ACA guidelines can be found here: <https://acacamps.app.box.com/s/fdm6c232avrchpgp6l1lyqw0vbnt5u99>
- At the time of this writing (June 6, 2020), the Maryland Department of Health does not permit overnight camps of any kind. ALL CALLEVA OVERNIGHT CAMPOUTS HAVE BEEN CANCELLED. The Maryland Department of Health does not permit any

out-of-state campers from attending summer camp. The Virginia Department of Health does not have such a restriction in place, so Calleva Virginia will be able to accept campers from Maryland and D.C.

**In the case of COVID-19, Calleva will follow the most current local and state guidance with respect to summer camps and COVID containment strategies.**

- **Any staff or child exposed to a person diagnosed with a confirmed or probable case of COVID-19 may not work or attend camp until they have completed self-monitoring in accordance with CDC guidelines. Persons who have recovered from COVID-19 must be cleared for release from isolation according to CDC guidelines.**
  
- **If a group has a staff member or a child that is found to have a confirmed or probable case of COVID-19 while at camp:**
  - The group shall isolate according to CDC guidelines.
  - Individuals may not work at or attend until completing self-isolation and obtaining clearance from the individual's primary care physician.
  - Follow exposure control plans in the camp's health program (see below).
  - Communicate with the local health department and parents.
  - Based on consultation with the local health department, the entire group may be ended for the week.
  - After 24 hours, Calleva will complete extra cleaning/disinfection of gear, bathrooms, buses, and all areas (not just high touch surfaces) that were used by the group, and wait at least 5 days to bring in the next group.
  
- **If any camper or staff in a group develops symptoms of a respiratory illness or is thought to have new symptoms that are not associated with an existing condition at any time during the camp week, the group members will:**
  - Safely isolate the person and place a mask or face covering.

If the individual is a camper:

- Staff will contact Calleva health supervisor, who will:
  - contact the child's parent/guardian and arrange for safe transportation to home with instructions to self-isolate and consult their primary care physician according to CDC guidelines.
  - Parents will pick up their child within two hours of notification, and will not return to camp until completing self-isolation and receiving clearance from their health care professional.

If the individual is a staff member:

- Staff will contact Calleva health supervisor, who will assess their condition and send them home with instructions to contact a professional health care provider for assessment
- Staff will contact their Director, who will arrange for a substitute staff to support the group for the remainder of the day/week

In such an instance, Calleva will:

- Follow exposure control plans as outlined in this policy.
- Communicate about the exposure & Calleva response with the Montgomery County Health Department and respond with immediate action based on Health Department guidance.
  
- **Calleva Health Staff will isolate people with questionable symptoms until communicable illness can be ruled out.**
  - Calleva designated **medical staff** will maintain a separate health care space for individuals who have symptoms consistent with a potentially contagious illness. This space will be distinct and apart from other campers and staff to prevent the spread of viral infections.
  - Calleva's designated **medical staff** will alert camp administration when 2 or more people present with similar symptoms within a given time period (3-4 hours).
  - Staff are educated about symptoms for COVID-19 based upon CDC guidance. Campers who appear to have COVID-related symptoms will be removed from their group immediately.
  - Counselors & other staff are instructed to direct campers complaining of feverish discomfort or gastro-intestinal upset to Calleva's designated medical staff for immediate assessment.
  - Our staff do not wait for kids to throw up! We remove them from the group to evaluate the complaint immediately.
  
- **Calleva food service staff know and implement safe food handling practices. We are licensed by the Montgomery County Department of Health to operate our commercial kitchen, and our team includes a Certified Food Service Manager**
  - When food service personnel have questionable symptoms, especially those associated with gastro-intestinal virus or COVID-19, they do not come to work.
  - Calleva bases all health-related decision making on reliable sources of information about communicable illness, including the Centers for Disease Control, the National Institutes of Health, and American Camp Association risk-reduction recommendations.

**Should a communicable disease outbreak occur/be detected during the camp week, Calleva will initiate the Infectious Disease Emergency Response Plan, which includes:**

- Notification of local public health authorities
  - Determination whether any other groups should be assessed and considered for a truncated camp week/schedule changes as needed to protect the health of campers and Calleva staff.
  - Determination whether communication with Poolesville & local community is necessary
  - Calleva will stay aware about community supports/resources that become available should an outbreak occur and will understand how to access those resources.
- Notification of parents for relevant group(s)
  - Initiation of revised dismissal plans for affected groups

- Explanation of any relevant pro-rated credits or refunds to compensate for lost camp days. Credits & refunds would be generated based upon 5-hour increments (half day of camp).
- Explanation to all potentially impacted 2020 registrants about the details of the outbreak as they are known and a plan for the rest of the week as necessary, while maintaining confidentiality for the ill camper & family.