

**DETERMINING YOUR SKIER TYPE IS YOUR RESPONSIBILITY**

Your skier type, height, weight, age, and ski boot sole length are used by the shop technician to determine the release/retention settings of your ski bindings. Consult these descriptions to select your classification. Be sure to provide accurate information. Errors may increase your risk of injury.

**TYPE I**

**Cautious skiing on smooth slopes of gentle to moderate pitch.**

Skiers who designate themselves as Type I receive lower than average release/retention settings. This corresponds to an increased risk of inadvertent binding release in order to gain releasability in a fall. This type also applies to entry-level skiers uncertain of their classification.

**TYPE II**

**Skiers not classified as Type I or III.**

Skiers who designate themselves as Type II receive average release/retention settings appropriate for most recreational skiing.

**TYPE III**

**Fast skiing on slopes of moderate to steep pitch.**

Skiers who designate themselves as Type III receive higher than average release/retention settings. This corresponds to decreased releaseability in a fall in order to gain a decreased risk of inadvertent binding release. (This classification is not recommended for skiers under 48lbs.)