



Mandatory Gear Required for Each Racer:

The following gear must be provided by each racer. Racers must carry these items at all times, with the exception of mountain bikes and helmets which are to be used only during mountain bike segment. **Race officials will make random spot checks at any time during the race.** Racers failing to present a requested item from this list will receive a time penalty or disqualification.

- Mountain Bike or Cyclocross marked with team number (given at check in). Limited number of mountain bikes will be available for rent from Calleva for additional fees. Please contact Calleva at callevaracer@gmail.com for reservation and fees.
- Biking Helmet (CPSC, ANSI, or SNELL certified)
- Space Blanket (These are available at most outdoor retailers. They will keep you warm in case of emergency)
- Whistle
- Competitors are responsible for their own food, hydration and electrolyte replacement
- Knife, min blade 1.5", folding OK
- Backpack to carry all mandatory gear, water blade or bottle.

Mandatory Gear Required for Each Team (one per team):

The following gear must be provided by each team. Teams must carry these items at all times. **Race officials will make random spot checks at any time during the race.** Teams failing to present a requested item from this list will face a time penalty or disqualification.

- Cell phone fully charged, in off position (for emergency use only)
- Waterproof bag to keep your cell phone dry (no zip locks)
- Official Calleva Race Passport and set of rules (provided by Calleva)
- Full set of Calleva Race Map(s) (provided by Calleva)
- Compass
- Working Headlamp or small flashlight
- Pen or pencils
- Medical kit as indicated below

- Money for emergencies
- Bike tire repair kit and bike tool; spare tubes, pump (or other tire inflation device)
- Waterproof Map Case (*This can be anything from a store bought case to a couple of gallon size ziplock bags and maybe a little duct tape*)

Transition Gear:

With each bike you may stage: bike shoes & helmet, bike repair kit & pump. Calleva will transport all these gears to and from transition areas. All gears must be securely attached to the bike. Calleva is not responsible for any lost or damaged equipment. Water will be available at major transition areas. No food may be left with the bikes.

Paddling:

- Canoes (one per team), paddles, and PFDs (life vests) will be provided for all teams. No personal paddling equipment is allowed

Emergency First Aid Kit (to be carried by each team at all times)

- * 2 doses of pain/fever medication (Ibuprofen/Tylenol)
- * (2) Betadine, iodine or alcohol swabs
- * (4) standard Band-aids
- * (1) 3" ACE Bandage
- * (4) 4"x4" gauze pads * Medical tape or duct tape
- * Antibiotic Cream: i.e. Neosporin

The brand names are cited as references and may be replaced by an equivalent product. This mandatory emergency first aid kit will be checked at certain points in the competition. This is a minimal treatment list.

Forbidden Equipment

Unofficial race maps

Weapons

G.P.S. (Global Positioning Systems)

Teams found with any forbidden equipment will be disqualified from the race immediately without a refund.