



*"adventure is not in the guidebooks, and beauty is not on the maps."*

Calleva Inc.  
13015 Riley's Lock Rd.  
Poolesville, MD  
20837  
www.calleva.org  
301-216-1248(o)  
240-238-5648(fax)

## SKIING/BOARDING HIGH ADVENTURE NEEDS LIST

**NEEDSLIST:** IT IS IMPORTANT THAT YOU READ THE EQUIPMENT LIST CAREFULLY AND UNDERSTAND THE ITEM DESCRIPTION. If you have any questions or if you would like more information about any items on the checklist, please (301)216-1248.

**All of your personal gear should fit into one duffel bag and one ski/board bag!**

### **SPECIFIC SKIING NEEDS:**

Skis/board: Nice to have in a carrying bag.

Protective Gear: Ski helmet is mandatory if you are under 18.

Misc Ski Gear: Boots, poles, gloves, warm hat, goggles, & sunglasses.

Backpack: If you like to carry stuff with you while skiing, then a skiers pack is nice (optional).

### **UPPER BODY GARMENTS:**

Primary Layer: lightweight polypropylene or capilene or polyester underwear top ("long-underwear")

Middle Layer: A polartec pile "fleece" jacket (we prefer a with a full-length zipper).

Outer layer: Ski Jacket

T-Shirts: As many as you think you need.

Swimsuit: There is a pool!!

Button-up Shirt: Nice shirt to wear out in town and while traveling.

### **LOWER BODY GARMENTS:**

Primary Layer: (1) lightweight polypropylene or capilene underwear bottoms.

Middle Layer: Pile Pants-polartec 200 weight. (substitute=sweatpants)

Outer Layer: Ski Pants/bibs

Pants: Jeans/Slacks or other for wearing around resort and on the plane.

Shorts: Weather might be nice enough to go with shorts!

### **PERSONAL GEAR**

Prescription Glasses and Contact lenses: Bring a backup pair if you have them.

Toilet Articles: Toothbrush, toothpaste, comb, brush, skin lotion, tampons. Travel and trial size are sufficient.

Watch: Water resistant with alarm is great.

Hat: Baseball hat is suggested.

### **FOOTWEAR**

Socks: 5 pair. We highly recommend synthetic socks.

Running Shoes or Sneakers: Comfortable pair that are worn on the plane and around the resort.

### **MISCELLANEOUS ITEMS (optional items)**

Ipod/Electronic Equip: For the Plane, Layover, Shuttle, Chairlifts, and Flash's non-stop noises of excitement!

Lip balm: Stick, cream or tube type at least SPF 15.

Book: Get some reading done, share with the group some excerpts.

Camera and Film: 35mm compact camera - bring a protective case. Avoid heavy lenses and elaborate set-ups.

\$\$- a couple extra dollars for gifts and Chile memorabilia.

**SPECIAL CONSIDERATIONS:** Skiers/Boarders need valid passport.